## POWER20

THE DAILY RECORD

FAMILY LAW

## **MEREDITH M.B. LAMB**

Attorney
LAMB LAW OFFICES

Years in current role: 15

## What has been your biggest success over the past year?

What I would consider my biggest success in 2022 was the privilege of being involved in several complex assigned cases through the Ontario County Assigned Counsel Program, Monroe County Assigned Counsel Program, Attorney for the Children Program, and Monroe County Surrogate's Court. I will be the first to admit that assigned cases are challenging. However, these cases provide me with the ability to continuously grow as an attorney in my practice area and as an advocate for my clients. In addition. our office moved in 2022, from the original downtown office in Rochester to 160 Linden Oaks.

What advice would you give someone starting out in family law right now?

Do not be afraid to go out on



your own to run a successful law practice. An important thing to remember is to avoid superfluous costs that could potentially lead to debt. Join your local and state bar associations. There you will find many benefits, including: offering a space to meet with clients for free, free legal research, access to an online continuing legal education,

and networking opportunities which may increase your practice. I would also advise every attorney to join a civic organization, such as the Lions Club, Rotary Club, American Legion. Don't be afraid to ask for help. If you could practice one area of law that you haven't practiced in your career, what would it be and why?

I am interested in learning about civil litigation in Federal Court. My interest in Federal Court civil litigation began in law school when I learned the federal rules of Evidence. I have a love/hate relationship for understanding the rules of hear-say. I memorized the definition of hearsay in law school which has stuck with me. When preparing clients to testify I frequently say the definition of hearsay. I can now say in four seconds, "hearsay" is "an out of court statement offered to prove the truth of the matter asserted." Black's Law Dictionary.